Click on the following website to test your memory skills. You will need to create an account, but it is private. This is a great website (free unless you want to keep doing it past the free options) to improve your memory skills.

What I want you to do is click on the big green "get started button". Next, choose which areas you want to work on, once you have done this (the progress beaker in the upper right corner will fill up to 100% when you are done), register (it is private). Next, you will be given 3 beginning tests. Take the tests then proceed to the questions below.

<http://www.lumosity.com/> (you can copy and paste the link into a new window if you prefer).

Take note of your results and answer the following questions in a word processing document (like a Microsoft Word file). Upload the document to the digital dropbox "submit your Week 7 assignment here".

***The assignment questions this week will come from the tests you just took as well as your reading this week.***

1. Which areas did you choose to focus on in luminosity.com? (4pts)

2. How did you do on the tests? Were you surprised by the results? Why or why not. (4pts)

3. How can using mnemonics help you remember something? What are mnemonics good for? (4pts)

4. How do short-term and long-term memory differ? (4pts)

5. Why is multitasking dangerous to memorization? (4pts)